

Original Article

Outcomes of Premature neonates Less Than 35 weeks in Low Income Countries,

Case of Democratic Republic of Congo

Gisele T. Kazadi; Justin Mbala; Costa K. Biakudia and Smith Mpaka. DOI: 10.21608/anj.2023.187293.1062 *Correspondence: Pediatric Department, Monkole Hospital , Kinshasa, D.R Congo & Pediatric Department, Mbuji-Mayi University, Kasai-oriental, D.R Congo. Email: dr.kazadi2017@gmail.com Full list of author information is available at the end of the article.

Abstract

Background: Prematurity is cause of perinatal mortality and morbidity. Mortality is higher in newborns under 32 weeks in almost sub-Saharan African countries. Aim of work: To determine factors associated with preterm mortality less than 35 weeks of gestational age. Patients and methods: A retrospective study was conducted at Monkole Hospital on date base of preterm babies, born during the period from January 1, 2018 to December 31, 2021. Results: The study included 398 hospitalised preterms. The prevalence of prematurity was 8.3%, 220 (55.6%) were female preterms and 176 (44.4%) were males, with a sex ratio of 1.25. Their average weight was 1482 + 434 g. Caesarean sections were induced in 47% of cases (186). Central cyanosis was present in 32.1% (127), the majority was less than 28 weeks. The rate of antenatal steroid use was 45% (75/167). Mortality rate was higher in preterm infants less than 28 weeks. The rate was 80.1% at 26 weeks, 69.1% at 27 weeks and 56.5% at 28 weeks. A multivariate logistic regression analysis noted that the mortality of preterm infants decreased with increasing gestational age (OR= 0.544, 95% CI: 0.450-0.659, p=0.000). Morbidity was associated with the absence of antenatal corticosteroid therapy (OR = 2.768, 95% CI: 1.071-7154, p=0.036), absence of Continuous Positive Airway Pressure CPAP use (OR= 0.259, 95% CI: 0.109-0.619, p=0.002) and with transfer (OR = 0.338, 95% CI: 1.470-5.534, p = 0.002). Conclusions: Prematurity is one of the major causes of neonatal mortality especially in developing countries. The absence of antenatal corticosteroid therapy and non-use of CPAP increases the mortality of premature babies in this study.

Key words: Prematurity , mortality, antenatal corticosteroid, CPAP

Introduction

Premature birth remains the leading of perinatal morbidity cause and mortality. An estimated 14.9 million preterm babies were born in 2010, which represented 11.1% of all live births worldwide, 5% in Europe, 18% for Africa [1,2] and 11.7% for the United States of America [3]. The main causes of early death during the neonatal age are serious complications associated with prematurity [1]. In almost every African country, mortality is higher in newborns under 32 weeks [1,4,5].

Democratic Republic of Congo (D.R.C.) has a population of more than 80 million people. The neonatal mortality rate was 97 per 1000 births in 2007 and 58 per 1000 births in 2013-14 [6]. The gross domestic product per inhabitant is 720 US dollars per year [7]. The management of prematurity is limited in general, specially respiratory management with absence of essential respiratory interventions, such as CPAP, the lack of surfactant administration [1,8] and the limited number of incubators for most neonatology units and parenteral nutrition. In the majority of African Countries, the accessibility to respiratory care interventions for premature babies in 2020 was estimated at 63% for CPAP and only 33% for surfactant therapy.

Taking into account the recommendations of the World Health Organization (WHO) [1], interventions such as antenatal corticosteroid therapy (ACS), the use of CPAP and surfactant are among the most effective means for improving the management of premature babies [1,5,9].

Aim of the Work

The interest of this study was to determine the factors associated with the mortality of premature babies born before 35 weeks of gestational age followed at Monkole Hospital during the period from January 2018 to December, 2021.

Methods

The study was conducted at neonatal intensive care unit (NICU), Monkole

hospital. It has a capacity of 12 incubators. Four- hundreds newborns are hospitalized per year, with 100 premature babies admitted annually. The associated maternity has an average of 1200 births per year. Monkole hospital takes care of and peri-urban an urban destitute population of Kinshasa. It provides care, respectively, for a health area of nearly 500,000 inhabitants. It has a better facility than most other units in the Democratic Republic of Congo.

The unit has intensive care interventions: CPAP and mechanical ventilation with a device n°Siaretron Siare 4000 and support for a variety of neonatal patients, especially with neonatal infection. jaundice and respiratory distress Premature newborns syndrome. are admitted for thermoregulation check and are placed in an incubator; Respiratory distress is controlled with non-invasive ventilation strategy through CPAP for infant's age ≥ 26 weeks. On admission, most premature infants with respiratory distress are controlled with CPAP with

are controlled with CPAP with weeks

the positive expiratory pressure at 4-7 cmH2O. The pressure should be modified taking into the account tolerance. The preterm with age ≥ 32 weeks with respiratory distress syndrome CPAP. Caffeine is can go on administered < 31 weeks age, dose of 20 mg/kg, the first day, and then 5 mg/kg up 36 weeks. The antibiotic is to systematically administered at those with less than 33 weeks, progressive feeding based on breast milk is started after 48 hours, if no respiratory distress, with an excellent tolerance after the test, and otherwise they receive 10% glucose solution with electrolytes.

A retrospective study based on neonatal data was conducted, including premature newborns less than 35 weeks of gestational age, admitted to the neonatology unit of the Monkole hospital center during the period from January 1, 2018 to December 31, 2021.

Study design

This study included newborns from 25 weeks +3 days to 35 weeks +1day. We

evaluated clinical parameters: Apgar score <7 at 5th minute, oxygen saturation <95% after 10 minute, presence of cyanosis, transfer after birth, antenatal corticosteroid, blood glucose at birth, CPAP use, evolution and morbidity (sepsis, apnea, respiratory distress).

Ethical considerations

This study was approved from The Ethics Committee of Monkole hospital, Kinshasa, D.R Congo.

Statistical analysis

All statistical analyzes were performed using SPSS Software 16.0 (SPSS10). The variables are presented in the form of means, medians and standard derivations. Multivariate analyzes were performed separately using logistic regression to analyze risk factors for mortality and morbidity in preterm infants. GA, gender, oxygen saturation, cyanosis, blood glucose, transfer, steroid use and CPAP were included in the analysis.

P < 0.05 was considered statistically significant.

Results

During the study period there were 398 hospitalized premature newborns. Prevalence of prematurity was 8.3%, 398 premature newborns out of a total of hospitalized 4235 newborns. 220 (55.6%) were female and 176 (44.4%) males for a sex ratio of 1.25. Their average weight was 1482 + 434 g, an average oxygen saturation at the 5th minute of 92.7 + 7.3%, a temperature of $34.4 + 2.0^{\circ}$ C and a blood glucose at birth of 98, 5+ 83.6 mg/dl (Table 1a & b).

Caesarean section was performed for 47% of cases (186), 4.3% for premature babies born at 26 weeks, it increased by age. 32.1% (127) Newborns had cyanosis at birth, which was higher under 28 weeks, 85.7% at 26 weeks, 66.7% for 27 weeks.

The rate of antenatal steroid use was 45% (75/167) for premature infants under 32 weeks, it also increased with age, 23.8% at 26 weeks and 57.1% at 31 weeks. The overall mortality rate was 23.5%, 66 (16.7%) neonates had died before 7 days

of life, only 27 (6.8%) after 7 days of life. The mortality rate was higher under 28 weeks, respectively 80.1% at 26 weeks, 69.1% at 27 weeks and 56.5% at 28 weeks. (Table 2a&b)

multivariate logistic regression Α analysis noted that the mortality of preterm infants decreased with increasing gestational age (OR= 0.544, 95% CI: 0.450-0.659, p=0.000), the absence of antenatal corticosteroid therapy (OR =2.768, 95% CI: 1.071-7154, p=0.036), absence of CPAP use (OR= 0.259, 95%CI: 0.109-0.619, p=0.002), presence of cyanosis (OR= 0.190, 95% CI: 0.081-0.446, p=0.000) as well as oxygen saturation < 95% at birth (OR= 0.325, 95% CI: 0.151-0.698, p=0.004) (Table 3). Morbidity was associated with the notion of transfer OR = 0.338, 95% CI: 1.470-5.534, p = 0.002). (Table 4)

Discussion

The prevalence of prematurity and high mortality is partly associated, for lowresource countries with a low level of economic development, with the quality of medical equipment as well as a limited number of health workers [10, 11,12]. Neonatal nursing care was provided in 57% of settings and 21 countries reported having lower than 50 pediatricians and 12 countries had no neonatal specialists [13]. These countries are quite limited in the management of preterm infants under 28 weeks, these limits would result from the absence of adapted infrastructure (CPAP, incubators, respirators, etc.) and medication (non-use of surfactant) [9].

Our study found factors that were associated with neonatal mortality and morbidity: transfer after birth, gestational age, low Apgar score at 5 min, the presence of cyanosis associated with low oxygen saturation < 95%, and antenatal corticosteroid therapy. This study based on outcomes of premature infants with 26 to 35 weeks revealed poor prognostic factors for the survival of premature infants. Overall survival rate was 76.5% newborns) with 23.5% for (303)mortality. Taking into account the limit of coverage of prematurity before 28

weeks, the study had a survival rate of 43.5% at 28 weeks age, 29.9% at 27 weeks and 19.1% at 26 weeks. However in China, Xiang Yong Kong had a better survival rate 28% at 25 weeks, 84.8% at 26 weeks, 83.5% at 27 weeks, 87.4% at 28 weeks, 90.7% at 29 weeks and 93.9% at 30 weeks [10] and in Canada, data from the Canadian Neonatal Network (CNN) showed an improvement in survival with a significant decrease in the mortality rate for gestational age <29 weeks from 2006-2007 (14.7%) [14].

Isayama et al., on the other hand, compared data from the Japanese network with those from Canada for the years 2006–2008, the mortality rate for children under 25 weeks, 26-27 weeks, 28-29 weeks and 30- 32 weeks were respectively 27.1% vs 52.3%, 9.6% vs 17.9% [15]. Tomo et al, in Brazil, had a mortality of 38.1% for age between 26 and 27 weeks, 18.4% for those aged 28-29 weeks and 7.3% for those whose age between 30-32 weeks of was amenorrhoea [16]. We think that the low use of antenatal corticosteroid therapy and non-use surfactant in our patients could have impact on the low percentage of survival less than 28 weeks age. 40% of these births under 32 weeks took place at primary care hospital or at home, this aspect seems to be a factor of poor prognosis [12].

Our study confirmed that the prenatal use of steroids can improve the health of premature babies. Our data revealed an association between the absence of antenatal corticosteroid therapy and the mortality of premature infants. Use of antenatal corticosteroid therapy is very low in Africa [17]. Travers Colm et al, in their metacentric observational study had also shown that exposure to a complete partial course of antenatal or corticosteroid therapy was associated with lower mortality in infants aged 22 to 28 weeks gestation [18]. In another study, they confirmed a lower rate of serious intracranial hemorrhage or death compared to unexposed infants for gestational age from 23 to 31 weeks [19].

Massawe et al, in Tanzania had noted a significant reduction in neonatal mortality: less than 18.9% [4].

Giving antenatal corticosteroids to mothers of preterm infants has been for a long time the standard of care in the health care setting for affluent countries and has consistently been associated with reduced neonatal mortality in preterm infants [20].

In the most recent Cochrane review, it is administration shown that the of antenatal corticosteroid therapy reduces perinatal mortality, severe morbidity and the need of respiratory assistance [21]. Glucocorticoids accelerate the development of pneumocytes 1 and 2, induce pulmonary beta receptors and are subsequently responsible for changes in alveolar structure, vascularization, and surfactant production. The increase in surfactant production will be achieved through both transcriptional and posttranscriptional mechanisms, increasing the of biosynthesis of rate phosphatidylcholine and fatty acids in the fetal lung [22]. Animal and human studies have shown that ACS also increases lung compliance and volume and increase response to exogenous surfactant therapy [13-15,23,24].

Due to the positive supporting evidence, the use of ACS in low-resource settings is essential to prevent complications of which prematurity, contribute significantly to neonatal mortality [10,11]. European consensus guidelines recommend antenatal corticosteroid therapy in all situations with threatened preterm birth before 34 weeks gestation or when active care of the newborn is planned [25]. In the D.R.C. the current guideline of the Congolese Society of Gyneco-obstetrics is to indicate antenatal corticosteroid therapy between 28 and 34 weeks [13]. National level guidelines on gestational age criteria for the use of ACS vary from country to country, ranging from 28 to 34 weeks or less than weeks. following 34 improvement neonatal intensive care, more and more low birth weights are surviving [2,10].

As emphasized in the WHO guidelines, ACS cannot be the only intervention; the still baby needs minimal preterm supportive care including monitoring of thermoregulation, feeding and if the age is <32weeks gestation they are more likely to need oxygen therapy and sometimes of respiratory assistance [1]. Positive pressure oxygenation an effective non-invasive method for the management of respiratory distress in premature baby, is associated with lower pulmonary morbidity [4]. This method is recommended in very low birth weight premature babies [11,26]. Our study found that lack of use NCPAP was associated with neonatal mortality (OR= - 0.259, 95% CI: 0.109-0.619, p=0.002). Several studies conducted on babies from developing countries have shown that the introduction of CPAP has improved the survival of premature babies. A study from Uganda assessing the impact of introducing bubble CPAP found that mortality was reduced in a 44% (OR:

0.56, 95% CI 0.36-0.86, P=0, 01) in b-CPAP treated preterm infants [27].

Similarly, a randomized controlled trial Tanzania comparing b-CPAP to in oxygen therapy for preterm infants for signs of respiratory distress, noted a 30% improvement in survival to discharge in infants treated with b-CPAP [4], while Massane in South Africa had noticed that not using CPAP would lead to an increase of 109 additional deaths [28]. A CPAP-based approach to respiratory support for preterm infants may reduce invasiveness and duration the of respiratory support, adverse effects and some non-respiratory adverse effects [3,4,25].

Transfer after birth or out-born is a risk factor associated with high mortality and severe morbidity as reported by Omoigberale, in Benin, who found a significantly higher rate of mortality among the out-born and in born babies (P-value<0.001) [29]. Dev. in Bangladesh, showed that due to hypothermia (P-value 0.007) and low

saturation (P-value 0.049) at admission, newborns in the group of out-born had died.

Prematures are being transported despite the lack of safe transport systems [30]. An Indian study confirmed that out-born admissions are a risk factor for neonatal sepsis and Vogel assures that this time might to allow the fetus to mature further before being born [31]. This protocol antenatal corticosteroid permits administration for lung maturation, and allows time for intra-uterine transfer to a with neonatal intensive care hospital facilities [32]. This protocol reduces infection transmission and risk mortality. Although overall survival rates among preterm infants have been improved, sepsis remains to be a significant risk factor associated with long-term morbidity mortality and in this population [33-36].

Flannery, had in their study that threequarters of all infected infants either died or survived with a major medical morbidity. The profoundly negative

impact of EOS on very preterm infants highlights the need for novel preventive Healthcare-associated strategies [37]. infections are a major problem in newborn infants, considering their high morbidity, mortality, long-term and [38]. Septicemic infants. sequelae compared with non-septicemic infants, had significantly increased mortality (21% vs. 9%), longer hospital stay (98 vs. 58 days) and more serious morbidity, including intraventricular severe hemorrhage, bronchopulmonary dysplasia and increased ventilator days (P < 0.001) [39].

The cause of neonatal infections is not completely found, but the principal ways ascending intrauterine seem to be infection fetal inflammatory and response. The intense inflammatory response mediated by IL-1 β , TNF- α , PAF, IFN- γ and IL-6, PGE₂ and MMP-1 and MMP-9 induces fetal membrane Furthermore, damage and rupture. preterm neonates have deficient innate adaptive and immune responses characterized by reduced levels of IgG, opsonization and phagocytosis, as well as increased activation of Th1 cells in relation to Th2 cells [40].

Limitations

The strengths of this study were the care of newborns under 28 weeks and to factors associated determine with morbidity and mortality in developing countries. The weaknesses were: first, the study was done in only one equipped unit and on the other hand, the type of study: it would be interesting to make a prospective study with a view to ensuring the same care for the entire population, for example access antenatal to corticosteroid therapy.

Conclusions

Prematurity is one of the major causes of neonatal mortality, especially in developing countries. The absence of antenatal corticosteroid and the non-use of CPAP increase mortality of prematurity for this study. The use of these respiratory interventions has reduced mortality. These means could be

applied in a systemic way by associating other interventions such as the use of surfactant.

Acknowledgements

We thank the reviewer's team who have contributed with their high quality add to give at the article all its relevance by lecture and their scientific contributions. We would like to thank the nurses at NICU, Monkole hospital for their participation and support. We would also like to thank the informatics unit at Monkole hospital, CEFA team search and all of pediatric and hospital team.

Author's contributions

We are part of pediatric team of Monkole hospital. G.K: contributed to prepare literature, research design and prepared the data base, assisted in data analysis and interpretation, wrote the manuscript after data analysis and revisions; as well as submitted final version. M.J: Contributed to prepare literature search and research design of study. B.C: Contributed to the literature search, research design and data acquisition; critically revised and interpretation of data. M.S: Contributed to the design and acquisition, analysis and interpretation of the data; participated at writing of manuscript, revised the manuscript; approved the submitted final version; critically revised and the manuscript; approved the submitted form of final version.

Conflict of interest

The authors have no conflict of interests to declare.

Funding

This study received no special funding and was totally funded by the authors.

Author's details

¹Pediatric Department, Monkole Hospital, Kinshasa, D.R Congo. Pediatric Departement, Mbuji-Mayi University, Kasai-oriental, D.R Congo

²Pediatric Department, Monkole Hospital, Kinshasa, D.R Congo. Pediatric Department, University Clinic, Kinshasa, D.R Congo

³Statistic Department, Institut national de la Statistique, Kinshasa, D.R.Congo

Date received: 4th January 2023, accepted 2nd February 2023

References

- Vogel JP, Chawanpaiboon S, Moller AB, Watananirun K, Bonet M, Lumbiganon P. The global epidemiology of preterm birth. Best Pract Res Clin Obstet Gynaecol. 2018; 52:3-12. doi: 10.1016/j.bpobgyn. 2018.04.003. Epub 2018 Apr 26. PMID: 29779863.
- 2. Blencowe H, Cousens S, Oestergaard MZ, Chou D, Moller AB, Narwal R, et al.

National, regional, and worldwide estimates of preterm birth rates in the year 2010 with time trends since 1990 for selected countries: a systematic analysis and implications. Lancet. 2012; 379(9832) :2162–72.

- Glass HC, Costarino AT, Stayer SA, Brett CM, Cladis F, Davis PJ. Outcomes for extremely premature infants. Anesth Analg. 2015; 120(6):1337-51. doi: 10.1213/ ANE.0000000000000705. PMID: 259 88638; PMCID: PMC4438860.
- Massawe A, Kidanto HL, Moshiro R, Majaliwa E, Chacha F and al. A care bundle including antenatal corticosteroids reduces preterm infant mortality in Tanzania a low resource country. PLoS ONE 13(3): e0193146. https://doi. org/ 10.1371/ journal.pone.0193146 Editor: Harald Ehrhardt, Center of Pediatrics, 2018
- Lategan I, Price C, Rhoda NR, Zar HJ and Tooke L, Respiratory Interventions for Preterm Infants in LMICs: A Prospective Study from Cape Town, South Africa. Front. Glob. Womens Health 3:817817. doi: 10.3389/ fgwh.2022.817817
- Ministry of Planning and Monitoring of the Implementation of the Modernity Revolution (MPSMRM), Ministry of Public Health (MSP) and ICF International, 2014.

Demographic and Health Survey in the Democratic Republic of Congo 2013-2014. Rockville, Maryland, USA: MPSMRM, MSP and ICF International.

- Flouriot, Jean. « Congo RDC: Population and development of an immense country, Population and Future; 2008, 687(2): 4-8.
- Vogel JP, Oladapo OT, Manu A, Gülmezoglu AM, Bahl R. New WHO recommendations to improve the outcomes of preterm birth. Lancet Global Health. 2015 3:e589-90. doi: 10.1016/S2214-109X(15)00183-7
- Tooke L, Ehret DE, Okolo A, Dlamini-Nqeketo S, Joolay Y, Minto'o S, et al. Limited resources restrict the provision of adequate neonatal respiratory care in the countries of Africa. Acta Paediatr. 2021 111:275-83. doi: 10.1111/apa.160507.
- 10. XiangYong Kong1,2*, FengDan Xu2, Rong Wu3, Hui Wu4, Rong Ju5, et al,Neonatal mortality and morbidity among infants between 24 to 31 complete weeks: a multicenter survey in China from 2013 to2014, Kong et al. BMC Pediatrics 2016 16:174DOI 10.1186/s12887-016-0716-5
- 11. World Health Organization, WHO
 recommendations on interventions to
 improve preterm birth outcomes. World
 Health Organization, Geneva 2015,

http://www.who.int/reproductivehealth/publi cations/maternal_perinatal_health/_pretermbirth-guideline

- Sather M, Fajon AV, Zaentz R, Rubens CE; GAPPS Review Group. Global report on preterm birth and stillbirth (5 of 7): advocacy barriers and opportunities. BMC Pregnancy Childbirth. 2010 (Suppl 1):S5. doi: 10.1186/1471-2393-10-S1-S5. PMID: 20233386; PMCID: PMC2841773.
- Greensides D, Robb-McCord J, Noriega A, Litch JA. Antenatal corticosteroids for women at risk of imminent preterm birth in 7 subSaharan African countries: a policy and implementation landscape analysis. Glob Health Sci Pract. 2018; 6(4):644-656. https://doi.org/10.9745/ GHSP-D-18-00171
- Shah PS, Sankaran K, Aziz K, Allen AC, Seshia M, Ohlsson A, et al. Outcomes of preterm infants <29 weeks gestation over 10-year period in Canada: a cause for concern? J Perinatol. 2012; 32(2):132–8.
- Isayama T, Lee SK, Mori R, Kusuda S, Fujimura M, Ye XY, et al. Comparison of mortality and morbidity of very low birth weight infants between Canada and Japan. Pediatrics. 2012; 130(4):e957–65.
- Tomo CK, Balogun OO, Davidson J, Guinsburg R, Almeida MFB, Lopes JMA et al Comparison of mortality and survival

without major morbidities of very preterm infants with very low birth weight from Japan and Brazil. Rev Paul Pediatr. 2022; 41:e2021389. doi: 10.1590/1984-0462/2023/41/2021389. PMID: 36102406; PMCID: PMC9462411

- 17. Liu G, Segrè J, Gülmezoglu A, Mathai M, Smith JM, Hermida J, Working Group for UN Commission of Life Saving Commodities Antenatal Corticosteroids. Antenatal corticosteroids for management of preterm birth: a multi-country analysis of health system bottlenecks and potential solutions. BMC Pregnancy Childbirth. 2015;15 (Suppl 2):S3. doi: 10.1186/1471-2393-15-S2-S3. Epub 2015 Sep 11. PMID: 26390927; PMCID: PMC4577756.
- 18. Travers CP, Carlo WA, McDonald SA, Das A, Bell EF, Ambalavanan N. Eunice Kennedy Shriver National Institute of Child Health and Human Development Neonatal Research Network. Mortality and pulmonary outcomes of extremely preterm infants exposed to antenatal corticosteroids. Am J Obstet Gynecol. 2018; 218(1):130.e1-130.e13. doi: 10.1016/j.ajog.2017.11.554. Epub 2017 Nov 11. PMID: 29138031; PMCID: PMC5842434.
- Colm P Travers,1 Reese H Clark,2 Alan R Spitzer,2 Abhik Das,3 Thomas J Garite,2,4

Waldemar A Carlo1 Exposure to any antenatal corticosteroids and outcomes in preterm infants by gestational age: prospective cohort study BMJ 2017; 356: j1039 http://dx.doi.org/10.1136/bmj.j1039

- 20. Chen IL, Chen HL. Impact of Illness Severity and Interventions on Successful Weaning from Nasal CPAP in Very Preterm Neonates: An Observational Study. Children (Basel). 2022 May 6; 9(5):673. doi: 10.3390/children9050673. PMID: 35626850; PMCID: PMC9139889.
- 21. Roberts D, Brown J, Medley N, Dalziel SR. Antenatal corticosteroids for accelerating fetal lung maturation for women at risk of preterm birth. Cochrane Database Syst Rev.
 2017; 3(3):CD004454. doi: 10.1002/ 14651858.CD004454.pub3. Update in: Cochrane Database Syst Rev. 2020 Dec 25; 12:CD004454. PMID: 28321847; PMCID: PMC6464568.
- 22. Dagklis T, Sen C, Tsakiridis I, Villalaín C, Allegaert K, Wellmann S et al. The use of antenatal corticosteroids for fetal maturation: clinical practice guideline by the WAPM-World Association of Perinatal Medicine and the PMF-Perinatal Medicine foundation. J Perinat Med. 2022; 50(4):375-385. doi: 10.1515/jpm-2022-0066. PMID: 35285217.

- Whitsett, JA, Matsuzaki, Y. Transcriptional regulation of perinatal lung maturation. *Pediatr Clin N Am* 2006; 53:873–87.
- 24. Ballard, PL, Ballard, RA. Scientific basis and therapeutic regimens for use of antenatal glucocorticoids. *Am J Obstet Gynecol* 1995; 173:254–62. <u>https://doi.org/10.1016/0002-9378(95)90210-4</u>.
- 25. Sweet DG, Carnielli V, Greisen G, Hallman M, Ozek E, Te Pas A et al, European Consensus Guidelines on the Management of Respiratory Distress Syndrome 2019 Update. Neonatology. 2019; 115(4):432-450. doi: 10.1159/000499361. Epub 2019 Apr 11. PMID: 30974433; PMCID: PMC6604659.
- 26. Chen, I.-L.; Chen, H.-L.Impact of Illness Severity and Interventions on SuccessfulWeaning from Nasal CPAP in Very Preterm Neonates: An Observational Study. Children 2022, 9, 673. https:// doi.org/ 10.3390/ children9050673
- 27. Egiru E, Okello F, Ikiror J, Acom L, Loe K, Olupot-Olupot P, et al. Reducing preterm mortality in eastern Uganda: the impact of introducing low-cost bubble CPAP on neonates< (1500g). BMC Pediatr. 2019 19:311. doi: 10.21203/rs.2.10644/v1

- 28. Mwatha AB, Mahande M, Olomi R, John B, Philemon R. Treatment outcomes of Pumani bubble-CPAP versus oxygen therapy among preterm babies presenting with respiratory distress at a tertiary hospital in Tanzania—Randomised trial. PLoS ONE. 2020. 15:e0235031. doi: 10.1371/ journal. pone.0235031
- 29. Omoigberale AI, Sadoh WE, Nwaneri DU.
 A 4 year review of neonatal outcome at the University of Benin Teaching Hospital ,
 Benin City. Niger J Clin Pract. 2010; 13(3):321-5. PMID: 20857794
- 30. Dey SK, Sharker S, Jahan I, Moni SC, Shabuj KH, Chisti MJ, Mannan MA, Shahidullah M. Neonatal Transport -Experience of a Tertiary Care Hospital of Bangladesh. Mymensingh Med J. 2017; 26(1):169-174. PMID: 28260772.
- 31. Murthy S, Godinho MA, Guddattu V, Lewis LES, Nair NS. Risk factors of neonatal sepsis in India: A systematic review and meta-analysis. PLoS One. 2019; 14(4):e0215683. doi: 10.1371/journal. pone. 0215683. PMID: 31022223; PMCID: PMC6483350.
- Vogel JP, Nardin JM, Dowswell T, West HM, Oladapo OT. Combination of tocolytic agents for inhibiting preterm labour. Cochrane Database Syst Rev. 2014;

(7):CD006169.doi:10.1002/14651858.CD006169. pub2. PMID: 25010869.

- 33. Brocklehurst P, Farrell B, King A, et al.; INIS Collaborative Group. Treatment of neonatal sepsis with intravenous immune globulin. *N Engl J Med.* 2011; 365(13):1201-1211. doi: 10.1056/NEJMoa1100441 [PubMed] [CrossRef] [Google Scholar]
- 34. Adams-Chapman I, Heyne RJ, DeMauro SB, et al.; Follow-up Study of the Eunice Kennedy Shriver National Institute of Child Health and Human Development Neonatal Research Network. Neurodevelopmental impairment among extremely preterm infants in the Neonatal Research Network. *Pediatrics*. 2018; 141(5):e20173091. doi: 10.1542/ peds. 2017-3091 [PMC free article] [PubMed] [CrossRef] [Google Scholar]
- 35. Rand KM, Austin NC, Inder TE, Bora S, Woodward LJ. Neonatal infection and later neurodevelopmental risk in the very preterm infant. *J Pediatr*. 2016; 170:97-104. doi: 10.1016/j.jpeds.2015.11.017 [PubMed] [CrossRef] [Google Scholar]
- 36. Stoll BJ, Hansen NI, Adams-Chapman I, et al.; National Institute of Child Health and Human Development Neonatal Research Network. Neurodevelopmental and growth impairment among extremely low-birthweight infants with neonatal infection. JAMA. 2004; 292(19):2357-2365.

doi: 10.1001/jama.292.19.2357 [PubMed] [CrossRef] [Google Scholar]

- 37. Flannery DD, Edwards EM, Puopolo KM, Horbar JD. Early-Onset Sepsis Among Very Preterm Infants. Pediatrics. 2021 Oct; 148(4):e2021052456. doi: 10.1542/ peds. 2021-052456. Epub 2021 Sep 7. Erratum in: Pediatrics. 2022; 150(4): PMID: 34493539.
- 38. Ortegón L, Puentes-Herrera M, Corrales IF, Cortés JA. Colonization and infection in the newborn infant: Does chlorhexidine play a role in infection prevention? Arch Argent Pediatr. 2017; 115(1):65-70. English, Spanish. doi: 10.5546/aap.2017.eng.65. PMID: 28097843.
- 39. Fanaroff AA, Korones SB, Wright LL, Verter J, Poland RL, Bauer CR, et al Incidence, presenting features, risk factors and significance of late onset septicemia in very low birth weight infants. The National Institute of Child Health and Human Development Neonatal Research Network. Pediatr Infect Dis J. 1998; 17(7):593-8. doi: 10.1097/00006454-199807000-00004. PMID: 9686724.
- 40. Helmo FR, Alves EAR, Moreira RAA, Severino VO, Rocha LP, Monteiro MLGDR, Reis MAD, Etchebehere RM, Machado JR, Corrêa RRM. Intrauterine infection, immune system and premature

birth. J Matern Fetal Neonatal Med. 2018; 31(9):1227-1233. doi: 10.1080/ 14767058.2017.1311318. Epub 2017 Apr 20. PMID: 28423971.

Table 1a: general characteristics of preterm babies

			. Sener	ii ciiai	acteristics	of prec		105		
Item	26		27		28		29		30	
	Mean	SD	Mean	SD	Mean	SD	Mean	SD	Mean	SD
AG (weeks)	25,6	,8	27,0	0,0	28,0	0,0	29,0	0,0	30,0	0,0
Rea. time	6,0	2,2	6,2	2,0	8,	5,4	6,2	2,5	5,7	3,0
(minute)										
Birth Weight	670	116,4	916,2	83,4	1042,2	93,1	1086,	88,2	1224,6	140,3
(grams)							5			
Apgar (5min.)	7,1	1,8	7,3	1,3	7,0	1,5	7,0	1,5	7,4	1,2
Apnea number	1,5	1,2	1,6	1,7	1,1	1,0	,4	,9	,8	1,4
Sat. O2 ,(%)	93,0	7,3	89,9	11,6	89,4	11,7	92,5	8,2	90,6	6,6
FC	139,3	24,7	140,6	17,4	141,3	22,0	146,5	17,4	149,1	13,3
FR	52,6	13,9	50,3	9,4	54,1	13,2	57,3	10,4	52,9	9,3
Τ ° (° C)	34,1	1,4	34,6	1,4	35,1	1,3	35,4	1,5	35,4	,75
Glycemia	122,3	98,2	157,1	142,	136,8	144,6	111,6	78,6	79,9	39,1
(mg/dl)				5						

AG: gestational age, Reanimation time at birth, Apnea number, Sat O2: oxygen saturation, FC: Heart rate, FR: respiratory rate T° : temperature, Glycemia

]	Table 1b	: Gene	ral chara	acterist	ics of pr	eterm b	abies			
Item	31		32		33		34		35		Total	
	Mean	SD	Mean	SD	Mean	SD	Mean	SD	Mean	SD	Mean	SD
Age	31,0	0,0	32,0	0,0	33,0	0,0	33,9	,1	34,9	,14	31,7	2,81
(weeks)												
Rea. time	6,3	3,0	5,6	2,1	4,9	2,1	6,0	2,5	6,4	2,7	6,2	2,9
(minute)												
Birth	1335,0	132,3	1487,3	252,2	1659,3	193,0	1793,4	279,0	2017,0	269,3	1482,5	434,3
Weight												
(Grams)												
Apgar	7,7	1,3	7,7	1,7	8,2	1,2	8,2	1,2	8,2	1,3	7,9	1,4
at. 5min.												
Apnea	,4	,8	,3	1,1	,1	,5	,1	,5	,0	,14	,5	1,0
number												
02	91,7	9,4	96,1	3,1	95,3	5,1	96,5	3,6	96,4	3,1	92,7	7,3
Sat.(%)												
FC	142,0	20,5	141,0	18,4	145,7	15,7	139,3	15,9	135,4	18,6	141,4	18,3
FR	55,3	12,3	58,8	14,2	55,8	10,4	54,4	11,2	54,2	14,2	54,8	11,9
T ° (° C)	35,7	,9	35,6	1,0	36,0	,9	35,2	3,6	35,6	1,0	35,4	2,0
Glycemia	94,7	66,4	98,6	92,8	78,6	32,0	96,4	85,9	71,4	23,9	98,5	83,6
(mg/dl)												

7T I I 11 . . · · · · · 1 1. ~

AG: gestational age, Reanimation time at birth, Apnea number, Sat O2: oxygen saturation,

FC: Heart rate, FR : respiratory rate, T°: temperature

Table 2a: Evaluation of mortality and mobidity of preterm associated with respiratory intervention	Table 2a:	Evaluation of mortality and mobidity	of preterm associated with	respiratory interventions
--	-----------	--------------------------------------	----------------------------	---------------------------

Gestationel ag (Weeks)	26	27	28	29	30
Number	21	30	23	21	15
Death (%) < 7	13 (61,9)	14 (53,2)	11 (47,8)	2 (9,5)	4 (26,7)
Death (%) ≥ 7	4(19)	5(16,9)	2(8,7)	4(19)	1(6,7)
Survival (%)	4 (19,1)	11 (29,9)	10 (43,5)	15 (71,5)	10 (67.6)
RDS	19 (90.5)	27 (90)	17 (73.9)	13 (61.9)	8 (53.3)
Cyanosis	18(85,7)	20(66,7)	13(56,5)	9(42,9)	7(46,7)
Apnea	12 (57.1)	11 (36.7)	10 (43.5)	2 (9.5)	3 (20)
Sepsis	5 (23.8)	13 (43.3)	8 (34.8)	11 (52.4)	8 (53.3)
PRM	8 (38.1)	16 (53.3)	6 (26.1)	9 (42.9)	3 (20)
NCPAP	19 (95,5)	23(76,7)	19(82,6)	18(85,7)	12(80,0)
ACS	5(76,2)	9(30,0)	7(30,4)	13(61,9)	9(60,0,)
Transferred	9(42,9)	12(40,0)	12(52,2)	4(19,0)	2(13,3)
Caesarean section	1(4.8)	11(36,7)	9(39,1)	8(38,1)	10(66,7)

AG : gestational age, , RDS: respiratory distress syndrome, NCPAP : Nasal Continuous Positive Airway Pressure,,ACS: Antenantal Corticosteroid, PRM :premature rupture of membranes

Gestationel ag (Weeks)	31	32	33	34	35	Total
Number	57	26	63	92	48	396
Death (%) < 7 jours	11 (19,3)	2 (4,8)	3 (4.7)	5 (5,4)	1 (2.1)	66 (16,7)
Death $(\%) \ge 7$ jours	7(12,3)	0(0)	0(0)	3(3,3)	0(0)	27(6,8)
Survival (%)	39 (68,4)	23 (87,5)	60(95,3)	84 (91,3)	47 (97,9)	303 (76,5)
RDS	30 (52.6)	15 (57.7)	25 (39.7)	29 (31.5)	11 (22.9)	194 (49)
Cyanosis	21(36,8)	6(23,1)	17(27,0)	11(12,0)	5(10,4)	127(32,1)
Apnea	4 (7)	(3.8)	1 (1.6)	1 (1.1)	0 (0)	45 (11.4)
Sepsis	17 (29.8)	4 (15.4)	19 (30.2)	10 (10.9)	5 (10.4)	100 (25.3)
PRM	25 (43.9)	4 (15.4)	15 (23.8)	31 (33.7)	19 (39.6)	136 (34.3)
NCPAP	43(75,4)	12(46,2)	8(12,7)	10(10,9)	4(8,3)	168(42,4)
ACS	33(58,0)	9(34,6)	8(12,7)	5(5,4)	0(0)	98(24,7)
Transferred	16(28,1)	7(26,9)	15(23,8)	24(26,1)	6(12,5)	107(27,0)
Caesarean section	40(70,2)	16(61,5)	36(57,1)	37(40,2)	18(37,5)	186(47,0)

 Table 2b:
 Evaluation of mortality and mobidity of preterm associated with respiratory interventions

AG: gestational age, , RDS: respiratory distress syndrome, NCPAP : Nasal Continuous Positive Airway Pressure, ACS: Antenantal Corticosteroid, PRM :premature rupture of membranes

Factors	p-value	OR	wald	95% CI	р
Gestationel age	-,306	,084	13,255	,624 - ,868	0,000
Oxygen sat. 95%	-,358	,312	1,319	,379 – 1,288	0,251
Transfer	1,048	,338	9,600	1,470 - 5,534	0,002
Absence ACS	-,762	,386	3,893	,219 - ,995	0,049
Female gender	,323	,285	1,279	,789 – 2,415	0,258
No NCPAP use	-,139	,353	1,319	,436 - 1,737	0,693
Cyanosis	-,879	,374	5,515	,199 - ,865	0,19
Glycemia	-,220	,328	,450	,422 – 1,526	0,502
150mg/dl					

Table 3: M	ultivariate logis	ic regression	analysis of severe	e morbidity risk factors
	Carder real reactor rogins	ie iegiebbion		mor brandy mon naccorb

ACS: absence of antenatal corticosteroid, oxygen saturation, transfer after birth, NCPAP: Nasal Continuous Positive Airway Pressure,

Table 4: Multivariate logistic regression analysis of mortality risk factors							
Factors	Mortality	Mortality					
	Bvalue	OR	wald	95% CI	p-value		
Gestationel age	-,608	,097	39,231	,450 - ,659	0,000		
Oxygen sat.	-1,125	,390	8,309	,151 - ,698	0,004		
95%							
Transfer	,239	,466	,264	,510 - 3,164	0,000		
Absence ACS	1,018	,484	4,416	1,071 - 7,154	0,036		
Female gender	-,420	,372	1,276	,317 – 1,362	0,259		
No NCPAP use	-1,350	,443	9,294	,109 - ,698	0,002		
Cyanosis	-1,659	,435	14,547	,081 - ,446	0,000		
Glycemia	-,544	,413	1,738	,258 - 1,303	0,187		
150mg/dl							

Table 4: Multivariate logistic regression analysis	is of mortality risk factors
--	------------------------------

ACS: absence of antenatal corticosteroid, oxygen saturation, transfer after birth, NCPAP: Nasal Continuous Positive Airway Pressure,

> Submit your next manuscript to Annals of Neonatology Journal and take full advantage of:

- Convenient online submission
- Thorough and rapid peer review •
- No space constraints or color figure charges
- Immediate publication on acceptance •
- No limit as regards tables or figures. •
- Open Access research freely available for • redistribution

Submit your manuscript at: www.anj.journals.ekb.eg

Citation: Gisele T. Kazadi; Justin Mbala; Costa K. Biakudia; Smith Mpaka. "Outcomes of Premature neonates Less Than 35 weeks in Low Income Countries, Case of Democratic Republic of Congo".

Annals of Neonatology Journal, 2023, 5(1): 59-78 -. doi: 10.21608/anj.2023.187293.1062 **Copyright:** Kazadi et al., 2023. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC-BY-NC-ND) license (4).

